



**SRI VENKATESWARA COLLEGE
(UNIVERSITY OF DELHI)**

EVENT REPORT

NAME OF THE EVENT: Board Activity: “What Brings You Joy?” and “Draw How You Feel”			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
09 September 2024	-	Empathise-Mental Health Society	Dr. Ritika Singh
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
10:00 am to 1:00 pm	Foyer	29	Indoor
FINANCIAL SUPPORT/ASSISTANCE (if any):	NA		

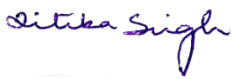
BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	Board Activity: “What Brings You Joy?” and “Draw How You Feel” (Mental Health Awareness Activity)
OBJECTIVES	To promote the importance of mental wellbeing on campus
METHODOLOGY	With the use of post-it notes, the students were asked to write the one thing that brings them joy.
INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)	NA

OUTCOMES	This helped in bringing some positivity and a smile on the faces of students who participated. We also got a wide range of answers on our table activity.
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PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters ✓	2 Number of Participants & Name of participants	3 Video clip	4 Photos ✓	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate	8 Posters/ Invites	9 Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

Departmental file no: SVC/Empathise/2024-25/September 2024/02
IQAC File No: SVC/IQAC/EMP/2024-25/September 2024
Criterion No: III, VII
NAME OF EVENT-IN-CHARGE & SIGNATURE:  Dr Ritika Singh

Note: Please fill in your own details in places with red font

For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance, Leadership & Management
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

Report

Empathise conducted a board activity and a table activity titled "What Brings You Joy?" and "Draw How You Feel" respectively on 11th September 2024 from 10 A.M to 1 P.M at the foyer.

With the use of post-it notes, the students were asked to write the one thing that brings them joy. This helped in bringing some positivity and a smile on their faces. We also got a wide range of answers on our table activity.

We would like to express our heartfelt gratitude to Principal Sir for giving us the permission to conduct these activities and allowing us to reach out to more freshers. We would also like to thank the caretaker for providing us with the required equipment for the smooth ongoing of the activities.

~~Caretaker~~

To
The Principal
Sri Venkateswara College

Subject: Permission and materials required for Board Activity in the college foyer.

Respected Principal,
I hope this letter finds you well.
I am writing this letter on behalf of Empathise, the Mental Health Society of SVC, in order to request permission & related materials for a related board activity in the college foyer. Requirements:- Board, STAND, TABLE, Pins, CHAIR
Our main objective is to request permissions to organise this board activity for promotion of mental health among the freshers joining in. We aim to conduct this board activity on 9th and 11th September 2024 in the college foyer. The activity will be supervised by our team members and will adhere to the college guidelines and regulations. We are committed to ensure that the event shall be conducted in orderly manner and there is no disruption in the college schedule.
We deeply believe this activity will be beneficial for the students as well as the new joiners to college.

Thank you for your consideration and we look forward to a positive response.

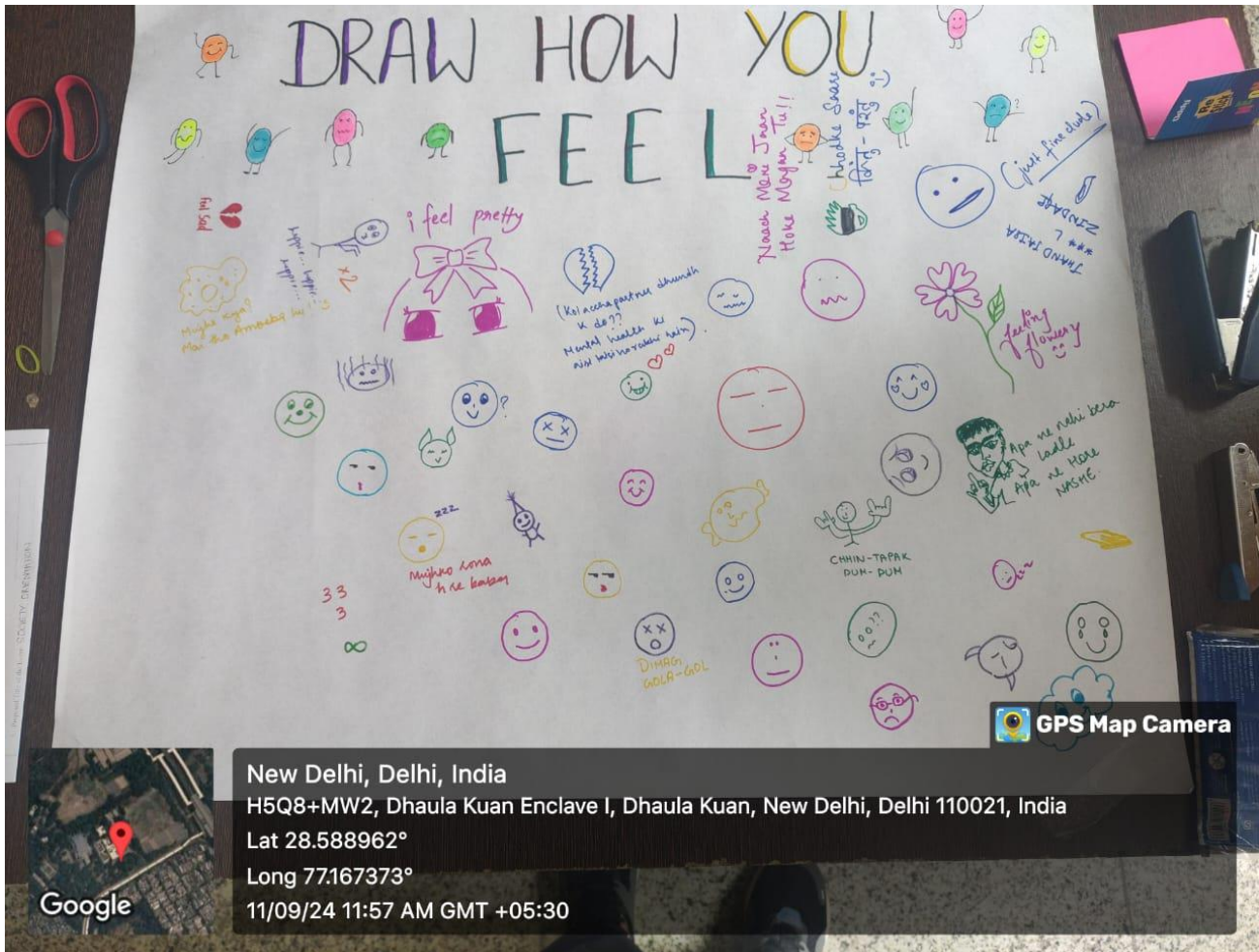
Yours sincerely,
Avi Sehgal
Joint Secretary, Empathise
Sri Venkateswara College. Contact: +91 9990137457

[Empathise Convenor]
[Dr Rihika Singh]

Application Letter for permission

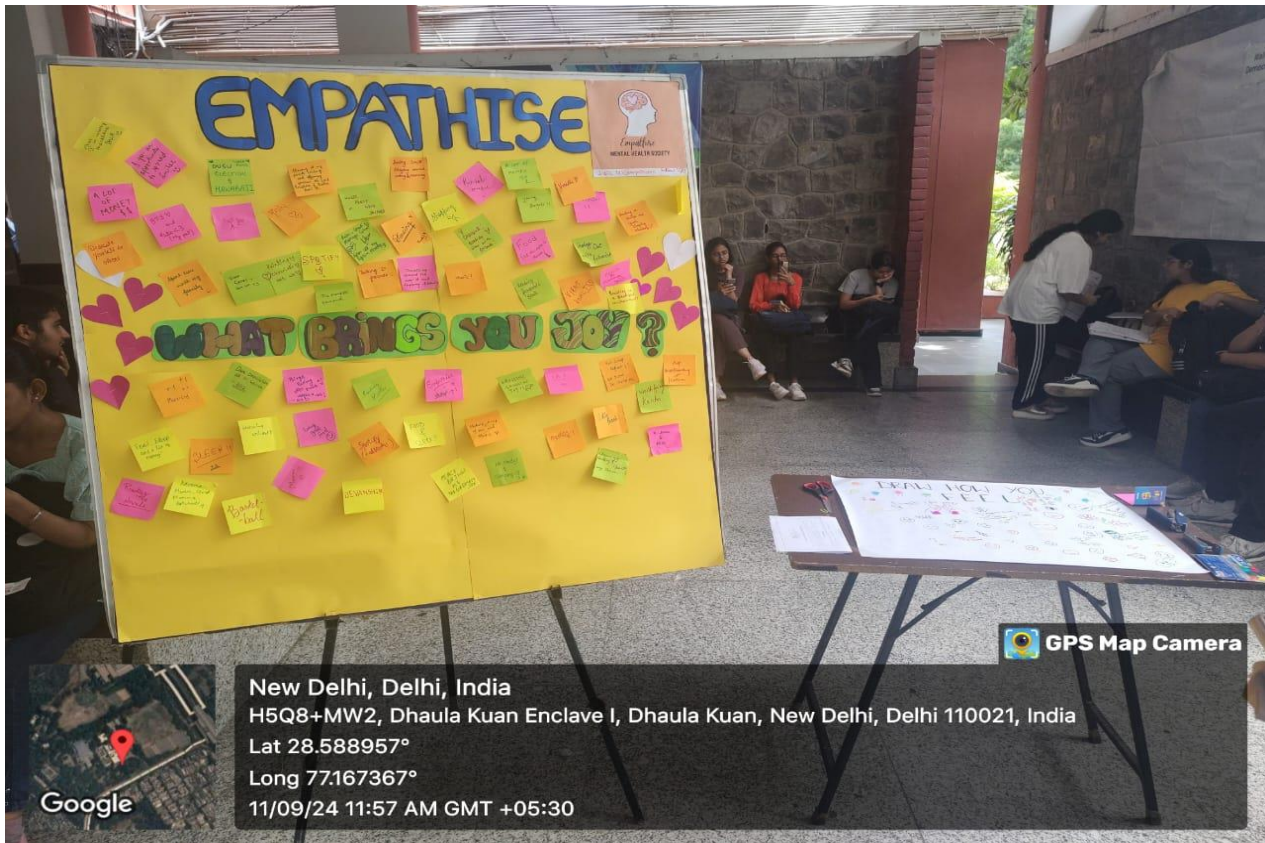


Board Activity



New Delhi, Delhi, India
H5Q8+MW2, Dhaula Kuan Enclave I, Dhaula Kuan, New Delhi, Delhi 110021, India
Lat 28.588962°
Long 77.167373°
11/09/24 11:57 AM GMT +05:30

Table Activity



Board and Table activity